

| SAFE W                                | VORK METHOD STATEMENT (SWMS) PART 1  |   |  |  |  |
|---------------------------------------|--|---|--|--|--|
|                                       |  | JOB #:  |  |  |  |
|                                       |  | ABN: 54 160 874 993   |  |  |  |
| , PRESTONS, NSW,                      | 2170   |   |  |  |  |
|                                       |  | PHONE #: (02) 9607 5128   |  |  |  |
| SWMS APPRO                            | VED BY: EMPLOYER / PCBU / DIRECTOR / O   | WNER.   |  |  |  |
|                                       |  |   |  |  |  |
|                                       |  | DATE: 1/7/2020  |  |  |  |
| PLIANCE WITH SWMS                     | S: AMY ARUNDELL  |   |  |  |  |
| SWMS: AMY ARUN                        | IDELL  |   |  |  |  |
| · · · · · · · · · · · · · · · · · · · | ALL PERSONS INVOLVED IN THE TASK MUST HAVE THIS SWMS  COMMUNICATED TO THEM BEFORE WORK COMMENCES.                        |   |  |  |  |
| DATE                                  | Daily Tool Box Talks will be undertaken to identify, control and communicate additional site hazards.                    |   |  |  |  |
| 1/7/2020                              | Work must cease immediately if incident or near miss occurs. SWMS must be amended in consultation with relevant persons. |   |  |  |  |
| 1/7/2020                              | Amendments must be approved by Amy Arundell and communicated to all affected workers before work resumes.                |   |  |  |  |
|                                       | SWMS must be made available for inspection of  | r review as required by WHS legislation.  |  |  |  |
|                                       | Record of SWMS must be kept as required by V involved in a notifiable incident).   | VHS legislation (until job is complete or for 2 years if  |  |  |  |
| CIPAL CONTRACT                        | OR DETAILS (The builder or the organisation you  | ,   |  |  |  |
|                                       | PROJECT NAME:  | DATE SWMS PROVIDED TO PC:   |  |  |  |
|                                       |  |   |  |  |  |
|                                       | PM Signature: CONTACT PH. #:   |   |  |  |  |
|                                       | SWMS APPRO PLIANCE WITH SWMS SWMS: AMY ARUN DEVELOPMENT, HIS SWMS. DATE 1/7/2020 1/7/2020                                | SWMS APPROVED BY: EMPLOYER / PCBU / DIRECTOR / O  PLIANCE WITH SWMS: AMY ARUNDELL  SWMS: AMY ARUNDELL  DEVELOPMENT, HIS SWMS.  DATE  Daily Tool Box Talks will be undertaken to ident  1/7/2020  Work must cease immediately if incident or nea consultation with relevant persons.  Amendments must be approved by Amy Arunde work resumes.  SWMS must be made available for inspection on Record of SWMS must be kept as required by V involved in a notifiable incident).  CIPAL CONTRACTOR DETAILS (The builder or the organisation you PROJECT NAME: |  |  |  |



|  |  | Тн   | IS WORK AC  | TIVITY IN                             | NVOLVES THE   | FOLLOV                           | VING "HI                | GH RISK CO  | NSTRUCTIO            | N WORK"  |                    |  |
|--|--|--|---|---------------------------------------|---|----------------------------------|-------------------------|---|----------------------|--|--------------------|--|
| □ Confined   | l Spaces   |  | ☑ Mobile P  | lant                                  |   |                                  | □ Demolition □ Asbestos |   |                      |  |                    |  |
| ☐ Using ex   | plosives   |  | ☐ Diving we   | ork                                   |   | ☑ A                              | Artificial ex           | tremes of tem   | perature [           | Tilt up or pre-c   | ast concret        | е  |
| ☑  | Pressurised ga                                   | s distribution                                       | mains or pipi   | ng chem                               | ical, fuel or refr  | rigerant l                       | lines ener              | gised electrica   | al installations     | s or services  |                    |  |
|  | Structures or b                                  | uildings invol                                       | ving structura  | l alteration                          | ons or repairs th   | hat requi                        | ire tempor              | ary support to  | prevent coll         | apse   |                    |  |
| <b>☑</b> I   | nvolves a risk                                   | of a person fa                                       | alling more that  | an 2m, ir                             | ncluding work o   | n teleco                         | mmunicat                | ions towers   |                      |  |                    |  |
| ☐ Working  | at depths grea                                   | ater than 1.5 l                                      | Metres, includ  | ing tunne                             | els or mines  |                                  | Work in a               | n area that m   | ay have a co         | ntaminated or fl   | ammable at         | mosphere   |
| ☐ Working at depths greater than 1.5 Metres, including tunnels or mines ☐ Work in an area that may have a contaminated or flammable atmosphere ☐ Work carried out adjacent to a road, railway or shipping lane, traffic corridor ☐ In or near water or other liquid that involves risk of drowning |  |  |   |                                       |   |                                  |                         |   |                      |  |                    |  |
| LIKELIHOOD   | INSIGNIFICANT                                    | MINOR  | MODERATE  | MAJOR                                 | CATASTROPHIC  |                                  |                         |   | •                    | RARCHY OF CO   |                    | Most   |
|  | 3  | 3  | 4   | 4                                     | 4   | Scor                             | RE /                    | ACTION  | 1112                 |  |                    | EFFECTIVE  |
| CERTAIN  | <b>H</b> igн                                     | High   | ACUTE   | ACUTE                                 | ACUTE   |                                  |                         |   |                      | ELIMINATIO   | ON                 |  |
| LIKELY   | 2<br>Moderate                                    | 3<br>Нідн  | 3<br><b>Н</b> і <b>G</b> н                              | 4<br>Acute                            | 4<br>Acute  | 4A<br>Acut                       |                         | DO NOT<br>ROCEED.   |                      | Substituti   | ON                 |  |
| Possini r  | 1  | 2  | 3   | 4                                     | 4   | 3H                               |                         | view before   |                      | ISOLATIO   | N /                |  |
| POSSIBLE   | Low  | MODERATE   | Нідн  | ACUTE                                 | Асите   | High                             | 1 60                    | work.   |                      | Engineerii   | NG                 |  |
| UNLIKELY   | 1<br>Low   | 1<br>Low   | 2<br>Moderate   | 3<br>Нідн                             | 4<br>Acute  | 2M<br>Moder                      |                         | ntain control<br>neasures.  |                      | ADMIN.   |                    | •  |
| RARE   | 1<br>Low   | 1  | 2<br>Moderate   | 3<br><b>H</b> ICH                     | 3<br>High   | 1L                               |                         | ecord and   |                      | PPE  |                    | LEAST FEEGTIVE   |
| P  |  |  |   |                                       |   |                                  |                         |   | TANDARDS. <b>İ</b> N | SPECT, AND REPI  | ACE PPE AS         |  |
| Fоот   | HEARING  | Нідн   | HEAD  | EY                                    |   |                                  | HAND                    | PROTECTIVE  | BREATHING            | Sun  | FALL               | RINGS, WATCHES,  |
| PROTECTION   | PROTECTION                                       | VISIBILITY   | PROTECTION  | PROTE                                 | CTION PROTECT   | TION P                           | ROTECTION               | CLOTHING  | PROTECTION           | <b>P</b> ROTECTION   | ARREST             | JEWELLERY THAT   |
|  |  |  |   |                                       |   |                                  |                         |   |                      |  |                    | ENTANGLED IN   |
|  |  | FX4  |   |                                       |   |                                  | 111/2/                  |   |                      | 30*  |                    | MACHINES MUST NOT  |
|  |  |  | EY  |                                       |   | •                                |                         | <b>VAJ</b>  | O O                  |  | <b>TIP</b>         | LOOSE HAIR MUST  |
|  | .71  | <u> </u>   |   |                                       |   |                                  |                         |   |                      |  |                    | BE TIED BACK.  |
|  |  |  |   |                                       |   |                                  |                         |   |                      |  |                    |  |
| ALMOST CERTAIN  LIKELY  POSSIBLE  UNLIKELY  RARE  POT  | 3 HIGH 2 MODERATE  1 LOW  1 LOW 1 LOW ERSONAL PR | 3 HIGH 3 HIGH 2 MODERATE 1 LOW 1 LOW OTECTIVE E HIGH | 4 ACUTE 3 HIGH 3 HIGH 2 MODERATE 2 MODERATE QUIPMENT (F | 4 ACUTE 4 ACUTE 3 HIGH 3 HIGH PPE): E | 4 ACUTE 4 ACUTE 4 ACUTE 3 HIGH ENSURE ALL PPE CTION PROTECT | 4A ACUT 3H HIGH 2M MODERA 1L LOW | RELEVANT                | DO NOT ROCEED. view before mmencing work. ntain control neasures. ecord and monitor.  AUSTRALIAN S PROTECTIVE | TANDARDS. IN         | ELIMINATION SUBSTITUTION ISOLATION ENGINEERIN ADMIN.  PPE  SPECT, AND REPL SUN | ON N NG ACE PPE AS | EFFECTIVE  S NEEDED.  RINGS, WATCHES, JEWELLERY THAT MAY BECOME ENTANGLED IN MACHINES MUST NOT BE WORN. LONG AND LOOSE HAIR MUST |



| <b>Ј</b> ОВ <b>Ѕ</b> ТЕР  | POTENTIAL<br>HAZARD/S  | IR | CONTROL MEASURES TO REDUCE RISK   | RR | RESPONSIBLE PERSON                       |
|---------------------------|--|----|---|----|--|
| 1. Planning & preparation | Lack of consultation with potential outcomes for personal injury, property damage &/or environmental incident. | 3H | Liaise with Principal Contractor to establish the following on-site systems and procedures are in place and take note of:   Health and Safety rules | 2M | Site<br>Supervisor<br>and<br>All Workers |
|                           |  |    | <ul> <li>Building plans are available</li> </ul>  |    |  |



| Јов Ѕтер                     | POTENTIAL<br>HAZARD/S  | IR | CONTROL MEASURES TO REDUCE RISK   | RR | Responsible<br>Person                    |
|------------------------------|--|----|---|----|--|
|                              |  |    | <ul> <li>INHERENT RISK-RATING (IR) RESIDUAL RISK-RATING (RR)</li> <li>Roof/ceiling spaces have been assessed by competent person (such as structural engineer) to ensure surface is capable of holding weight of persons, equipment and insulation</li> <li>Insulation correct type and rating for job (as specified in building plans/directions, and/or Building Code of Australia - BCA)</li> <li>Manufacturer's instructions are available on site.</li> </ul>  |    |  |
|                              | Contact with electricity   | 4A | <ul> <li>Ensure an assessment of electrical risk from installation of ceiling insulation is conducted:         <ul> <li>Suitable person (such as a licensed electrician) is sought for advice on type, condition and location of electrical appliances/cables/lighting etc.</li> <li>All power to electrical cables is isolated before work commences</li> <li>Follow lock-out/tag-out procedures and obtain advice from suitable person (such as licensed electrician) that power is isolated</li> <li>Certificate of electrical safety is obtained if required</li> <li>All electrical cables/equipment are identified and marked</li> <li>Fixing points are clear of cables/equipment</li> <li>Metal fasteners are not used in ceiling installation</li> <li>Non-conductive, manually operated tools are used.</li> </ul> </li> </ul>  | 2M |  |
| 2. Training and Capabilities | Lack of training or<br>the assessment of<br>capability may lead<br>to personal injury,<br>property damage<br>&/or environmental<br>incident. | ЗН | <ul> <li>Ensure all persons entering site have a General Construction Induction Card (white card)</li> <li>All operators/workers to be trained and competent in the installation of insulation batts (Rock Wool &amp; Glass Wool) in restricted areas and must be licensed to Perform High Risk Work (operating certain plant, equipment) where necessary</li> <li>Ensure relevant workers/employees have appropriate licences for:         <ul> <li>Work at heights</li> <li>Operation of the EWP</li> <li>Drive forklift</li> <li>If applicable, i.e. using a cherry picker</li> </ul> </li> <li>Ensure all relevant workers/employees have undertaken training and/or received instruction in the use of control measures. Include:         <ul> <li>Reporting procedures for incidents</li> <li>Correct use of harness</li> <li>Correct use of equipment including</li> <li>Use of supervision where required (e.g. new starters or new equipment)</li> <li>maintenance</li> <li>Ensure supervisors, foremen etc. are suitably experienced in the type work to be conducted equipment</li> <li>All workers are trained in this SWMS.</li> </ul> </li> </ul> | 2M | Site<br>Supervisor<br>and<br>All Workers |



|    | Job Step              | Potential<br>Hazard/s   | IR | CONTROL MEASURES TO REDUCE RISK  | RR | RESPONSIBLE PERSON                       |
|----|-----------------------|---|----|--|----|--|
|    |                       |   | '  | INHERENT RISK-RATING (IR) RESIDUAL RISK-RATING (RR)  |    |  |
| 3. | Arrival onsite        | assessment may lead to personal injury, property damage &/or environmental incident.  Description  Suitable lighting, including night-works Chimneys, flues, or other heat sources.  Ensure site-specific induction is undertaken (include location of amenities, first aid facilities, emergency plans & evacuation points, communication, contact persons etc.  Assess mobile phone reception  Work site is exactly as detailed in Terms of Agreement or contract Suitable access for all equipment required Suitable lighting, including night-works Chimneys, flues, or other heat sources. |    |  |    | Site<br>Supervisor<br>and<br>All Workers |
|    |                       | Contact with electricity  | 4A | <ul> <li>Identify and document:</li> <li>Down lights and light recesses</li> <li>Fans, air conditioners and other electrical appliances</li> <li>Electrical cables and other utility services /pipes</li> <li>No go zones for degraded electrical cables.</li> </ul>   | 2M |  |
|    |                       | Falls   | 3H | Identify and document no go zones for brittle or unsuitable ceiling areas and sky lights etc.  | 2M |  |
|    |                       | Hazardous<br>materials  | ЗН | Identify and document no go zones for areas that may contain asbestos.   | 2M |  |
| 4. | Materials<br>delivery | Work adjacent to road, public & powered mobile plant movement   | 3H | <ul> <li>Park working vehicle to avoid travelling across roads when delivery working equipment</li> <li>If setting up roadside – comply with local laws and permits</li> <li>Erect any barriers &amp; signage necessary to keep others safe and aware</li> <li>Park in designated location for loading/unloading - not where persons unloading would have to cross the path of moving mobile plant/vehicles</li> <li>Check constantly for changing hazards while working and monitor work position at all times. Ensure:         <ul> <li>High visibility clothing worn at all times</li> <li>Do not stand behind reversing vehicles</li> <li>Allow sufficient distance from plant during operation (allow sufficient room for equipment failure – such as arm/boom failure or plant rollover)</li> <li>No work is conducted in established "no go zones" for pedestrians</li> <li>Alertness at all times. Listen for:</li></ul></li></ul> | 2M | Site<br>Supervisor<br>and<br>All Workers |



|    | Јов <b>Ѕ</b> тер    | Potential<br>Hazard/s                                  | IR       | CONTROL MEASURES TO REDUCE RISK   | RR       | Responsible<br>Person                    |
|----|---------------------|--|----------|---|----------|--|
|    |                     | Muscular stress /<br>musculoskeletal<br>disorder (MSD) | 3H       | <ul> <li>NHERENT RISK-RATING (IR) RESIDUAL RISK-RATING (RR)</li> <li>Where possible materials should be unloaded using mechanical means. E.g. forklift, Hiab/truck crane etc.)</li> <li>Where manual unloading and storage is necessary:         <ul> <li>Use team-lifts where possible:                 <ul> <li>As much as possible, team members are of similar height and capability</li> <li>Team members know their responsibilities during the lift</li> </ul> </li> <li>Movement of material from the delivery point to the installation area usually represents the greatest opportunity for damage or injury, particularly if being achieved manually. Ensure:</li></ul></li></ul>  | 2M       |  |
| 5. | Work area<br>set up | Contact with electricity at existing premises          | 3H<br>4A | <ul> <li>All persons must wear head protection</li> <li>Ensure adequate exclusion zones are in place to keep the area clear of non-essential personnel.</li> <li>Follow lock-out/tag-out procedures and obtain advice from suitable person (such as licensed electrician) that power is isolated (if required).</li> <li>Ensure: <ul> <li>Certificate of electrical safety is obtained if required</li> <li>All electrical cables/equipment are identified and marked</li> <li>Fixing points are clear of cables/equipment</li> <li>Install non-conductive collars around down-lights/recessed light fittings</li> <li>Metal fasteners are not used in ceiling installation</li> <li>Non-conductive, manually operated tools are used</li> <li>Metallic, wire- reinforced or conductive ladders should be avoided around live electrical equipment.</li> </ul> </li> <li>Mhere electrical hazards are identified, a qualified electrical contractor should be engaged to eliminate or control this risk.</li> </ul> | 2M<br>2M | Site<br>Supervisor<br>and<br>All Workers |
|    |                     | Working at height > 2m.                                | 3H       | PREMISES - PRIOR TO PLASTERING WORKS  • Suitable work area provided – such as perimeter protection, scaffold, EWP or scissor-lift  • If these are not practicable, travel restraint devices can be used. Note: An emergency rescue plan must be in place for persons using a harness  • If these are not practicable, ladders may be used  • Note where plastering works have already been completed insulation will need to be undertaken from within the ceiling.   | 2M       |  |



|    | Јов Step                              | Potential<br>Hazard/s    | IR | CONTROL MEASURES TO REDUCE RISK  | RR | RESPONSIBLE PERSON                       |
|----|---------------------------------------|--------------------------|----|--|----|--|
|    |                                       |                          |    | INHERENT RISK-RATING (IR) RESIDUAL RISK-RATING (RR)  ⚠ If working at heights above 2m and "in built' edge protection is not in place or not sufficient ensure a separate, dedicated working at height SWMS is in place before commencing work. Additional SWMS must address the controls used for working at height e.g. Elevating Work Platform SWMS, Working on scaffolding SWMS etc.  |    |  |
| 6. | Entering ceiling space                | Falls from Height        | 4A | <ul> <li>PREMISES - WHERE PLASTER IS IN PLACE</li> <li>Locate the manhole/access area and ensure appropriate ladder access is available Ladder must be for Industrial purposes and comply with relevant Australian Standard</li> <li>Consult site plan/map of building identify cables, down-lights, or recessed lights, chimneys/flues, electrical appliances, skylights, or other potential hazards</li> <li>Identify location of joists. Consider installation of joist locators. Ensure joists can support weight of installers (seek advice from competent persons)</li> <li>Ensure a board of suitable strength is available for the installer to span at least 2 joists whilst placing batts between joists</li> </ul>                        | 2M | Site<br>Supervisor<br>and<br>All Workers |
|    |                                       |                          |    | <ul> <li>Do not enter ceiling space if working alone.</li> <li>Ladders: <ul> <li>Use all height-access equipment as per manufacturer's instructions &amp; its designed purpose</li> <li>Ensure footwear is suitable. Snug-fitting shoes/boots with flat, nonslip soles, no loose soles, long laces, soles that are oily, or caked with mud etc.</li> <li>Ensure only 1 person working from each ladder</li> <li>Face ladder when ascending/descending and maintain a firm grip</li> <li>Ensure 3 points of contact remain on ladder at all times</li> <li>Always maintain the majority of your body weight inside the perimeter of the work platform or ladder stiles</li> <li>Ensure only 1 person working from each ladder.</li> </ul> </li> </ul> |    |  |
| 7. | Installing<br>insulation<br>materials | Contact with electricity | 4A | <ul> <li>Locate and maintain awareness of any electrical cables while trimming or cutting</li> <li>Be aware of metallic conduits or other coverings and, damaged or exposed wiring.</li> <li>Ensure cables are not totally enclosed. Example: <ul> <li>Do not allow cable to sink into loose fill</li> <li>Place batts over cables lying on a ceiling sheet, or lay cable on top of batts</li> <li>Place batts beside a cable that is fixed to a structural member/joist.</li> </ul> </li> </ul>   | 2M | Site<br>Supervisor<br>and<br>All Workers |
|    |                                       | Falls from Height        | 4A | Working in ceiling space. Ensure:     Maintain constant contact with someone   | 2M | -  |



| JOB STEP | POTENTIAL<br>HAZARD/S                                  | IR | CONTROL MEASURES TO REDUCE RISK   | RR | RESPONSIBLE PERSON |
|----------|--|----|---|----|--------------------|
|          |  |    | <ul> <li>INHERENT RISK-RATING (IR) RESIDUAL RISK-RATING (RR)</li> <li>Step on roof beams only – not the ceiling o Use boards to span beams where</li> </ul>   |    |                    |
|          |  |    | <ul> <li>Step on roof beams only – not the ceiling</li> <li>Don't stand on fragile areas – such as plasterboard</li> <li>Use boards to span beams where appropriate</li> <li>Ensure sufficient lighting for task.</li> </ul>  |    |                    |
|          | Heat stress  | 4A | ⚠ Do not enter ceiling space if it is very hot. Re-schedule works as required.  | 2M |                    |
|          |  |    | <ul> <li>Assess heat level and provide sufficient ventilation (such as exhaust or fans)</li> <li>Ensure sufficient drinking water</li> <li>Cease work if temperatures are deemed too high for safe work</li> <li>Limit time in the roof space to a short period. You should not spend more than 20 minutes in the roof space, before taking at least a 10-minute break in a cool area</li> <li>If physically distressed, do not re-enter the roof space.</li> </ul>   |    |                    |
|          | Fire   | 4A | <ul> <li>Ensure exits to enclosed spaces are not blocked during installation process</li> <li>Do not place material over down lights (can create fire hazard)</li> <li>Ensure light recesses, down-lights and electrical appliances (such as fans, flues etc.) have sufficient clearances – seek advice from BCA, and manufacturer. Example: Incandescent lights = 50mm clearance, Halogen down-lights without flameproof cover = 200mm)</li> <li>Install non-conductive collars around down-lights/recessed light fittings.</li> </ul> | 2M |                    |
|          | Struck by falling objects                              | 3H | <ul> <li>For installation prior to plaster in place:</li> <li>Where furring channels are not available, secure (staple) string or twine horizontal at right angles to the ceiling joists so they remain in place until the plaster is fitted.</li> </ul>  | 2M |                    |
|          | Slips trips falls                                      | 3H | <ul> <li>Footwear is suitable. Snug-fitting shoes/boots with flat, nonslip soles, no loose soles, long laces, soles that are oily, or caked with mud etc.</li> <li>Ensure area stays clean and dry of packaging and tools.</li> </ul>   | 2M |                    |
|          | Muscular stress /<br>musculoskeletal<br>disorder (MSD) | 3H | <ul> <li>Only rest on kneeling boards</li> <li>Do not over-stretch</li> <li>Ensure sufficient persons for task - materials passed to installer so they do not have to ascend/descend height equipment</li> <li>Regular rest breaks are taken (especially if working in cramped spaces)</li> <li>Rotate relevant worker tasks.</li> <li>Avoid long periods of repetitive movements</li> <li>Use mechanical lifting aids when possible.</li> </ul>  | 2M |                    |
|          | Cuts, lacerations & punctures                          | 3H | <ul> <li>Assign a suitable cutting area if required</li> <li>Exercise caution when using blade – always cut away from the body</li> <li>Use caution to avoid sharp objects, protruding nails or materials</li> <li>Use automatically retracting blade if possible. If not possible, ensure blade is retracted after use.</li> </ul>   | 2M |                    |



|    | Јов Ѕтер      | Potential<br>Hazard/s              | IR | CONTROL MEASURES TO REDUCE RISK   | RR | RESPONSIBLE PERSON |
|----|---------------|------------------------------------|----|---|----|--------------------|
|    |               |                                    |    | INHERENT RISK-RATING (IR) RESIDUAL RISK-RATING (RR)   |    |                    |
| 8. | On completion | Slips, trips, falls causing injury | 3H | <ul> <li>Site to be left in clean and tidy condition ready for handover. Builder / contract manager to<br/>be advised upon completion of works.</li> </ul>  | 2M | Site<br>Supervisor |
|    |               | Environmental incident             | 3H | <ul> <li>Dispose of off-cut materials in bins provided onsite</li> <li>Dispose of empty containers / bags in approved waste containers</li> <li>Store excess materials in sealed container in cool, dry area, removed from foodstuffs:         <ul> <li>Ensure packages are adequately labelled, protected from physical damage, and sealed when not in use</li> </ul> </li> <li>Avoid packaging being stored under UV light (direct sunlight) for long periods.</li> </ul> | 2M | and<br>All Workers |
|    |               | Contact with electricity           | 4A | <ul> <li>Ensure that no electrical appliances, light fittings, cables etc. have been damaged during installation</li> <li>If damage suspected, do not turn power back on – seek advice from licensed electrician.</li> </ul>  | 2M |                    |
|    |               | Contact with hazardous materials   | 3H | <ul> <li>Use an industrial vacuum to clean debris and ensure larger cut-offs are removed from area</li> <li>Observe good personal hygiene including washing hands before eating</li> <li>Remove protective equipment before entering eating areas.</li> </ul>   | 2M |                    |
| 9. |               |                                    |    |   |    |                    |
| 10 |               |                                    |    |   |    |                    |



## **EMERGENCY RESPONSE - CALL 000 IMMEDIATELY.**

If work is to be conducted on a construction site (or a site controlled by another Employer / PCBU) follow the site-specific Emergency Management Plan. Ensure:

- · Adequate numbers of first aid trained staff are on site
- First aiders are trained & competent in managing injuries until emergency services arrive
- All rescue equipment is in good condition, available for use and in close proximity to the work site.

Ensure workers have access to:

- First aid kit/supplies
- First Aid trained personnel familiar with resuscitation and emergency response for electric shock
- M/SDS
- Communication devices (check mobile phones will have service in area)
- Suitable fire protection equipment.

| REVIEW No. | 1        | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------|----------|---|---|---|---|---|---|---|---|----|
| NAME:      | TA       |   |   |   |   |   |   |   |   |    |
| INITIAL:   | TA       |   |   |   |   |   |   |   |   |    |
| DATE:      | 1/7/2020 |   |   |   |   |   |   |   |   |    |

| PLANT/TOOLS/EQUIPMENT LIST FOR THE JOB |                  |                            |        |  |  |  |  |  |  |
|--|------------------|----------------------------|--------|--|--|--|--|--|--|
| Battery Operated Tools                 | Insulation Packs | Scaffold (Head Contractor) | Hammer |  |  |  |  |  |  |
| Hand Tools                             | Tape Measure     | Light/Torch                | Knife  |  |  |  |  |  |  |
| Ladder                                 | Hammer Stapler   | Batt Poker                 |        |  |  |  |  |  |  |

# Relevant Legislation & Codes of Practice & Australian Standards Act & Regulations

Work Health and Safety Act 2011 Work Health and Safety Regulations 2017

#### **Standards**

- AS/NZS 4859.1:2002 Materials for the thermal insulation of buildings General criteria and technical provisions
- AS 3999-1992 Thermal insulation of dwellings Bulk insulation Installation requirements
- AS/NZS 5110:2011 Recessed luminaire barriers
- AS 4426-1997 Thermal insulation of pipework, ductwork and equipment Selection, installation and finish
- AS 6001-1999 Working platforms for housing construction
- AS/NZS 1891.1:2007 Industrial fall-arrest systems and devices Harnesses and ancillary equipment

### **Codes of Practice**

- 1. First aid in the workplace code of practice 2015
- 2. Hazardous manual tasks code of practice 2016
- How to manage work health and safety risks code of practice 2011
- 4. Managing electrical risks in the workplace code of practice 2016
- 5. Managing noise and preventing hearing loss at work code of practice 2016
- 6. Managing the risk of falls at workplace code of practice 2016
- 7. Managing the work environment and facilities code of practice 2011
- 8. Work health and safety consultation, coordination and cooperation code of practice 2011
- 9. Construction work code of practice 2014
- 10. Managing risks of hazardous chemicals in the workplace code of practice 2014
- 11. Managing the risks of plant in the workplace code of practice 2014
- 12. Preventing falls in housing construction 2014



# SAFE WORK METHOD STATEMENT (SWMS) PART 2

This SWMS has been developed in consultation and cooperation with *employee/workers* and relevant *Employer/Persons Conducting Business or Undertaking (PCBU)*. I have read the above SWMS and I understand its contents. I confirm that I have the skills and training, including relevant certification to conduct the task as described. I agree to comply with safety requirements within this SWMS including risk control measures, safe work instructions and PPE described.

| OVERALL RISK RA | OVERALL RISK RATING AFTER CONTROLS |                   | ✓ 2 Moder  | ATE | ☐ 3 High | □ 4 Acute |  |
|-----------------|------------------------------------|-------------------|--|-----|----------|-----------|--|
| Workers' Name   | JOB ROLE / POSITION                |                   | LICENCES, COMPETENCIES & QUALIFICATIONS (add as appli Type / Description Class N |     | DATE     | SIGNATURE |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     | _        |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     | _        |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     |          |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     |          |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     |          |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     |          |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     |          |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     | _        |           |  |
|                 | _                                  | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     |          |           |  |
|                 |                                    | Construction Card |  |     |          |           |  |
|                 |                                    |                   |  |     | _        |           |  |